



News and Notes

*The mission of Note-Able Music Therapy Services is to raise awareness that **creativity knows no bounds** by providing inclusive musical experiences to all members of the community – regardless of age or ability.*

Upcoming Events:

Oct 20th / 6 p.m. – Midnight Vampire Gala
Reno Ballroom
Performing Group @ 6:00pm

October 21st / Noon – 7 p.m. Pumpkin Palooza
Victorian Avenue, Sparks
Performing Group @ 3:30pm

For an up to date list of upcoming events visit our website www.note-ables.org

October Birthdays:

Drew Winebarger – Oct 3rd
Heather Schomberg – Oct 16th
Sheena Britschgi – Oct 21st
Delvon Howard – Oct 24th

Wish list item of the month:

An iPod!!!

Quote of the month:

*"Delicious autumn! My very soul is wedded to it, and if I were a bird I would fly about the earth seeking the successive autumns."
~ George Eliot*

Note-Worthy: Disability Awareness Month

October is Disability Awareness Month; check out what's happening around Reno/Sparks to celebrate the diverse abilities of people with disabilities.

October 19th Keynote: Grant Korgan – South Pole Adventurer: 6 to 9 p.m. UNR Church Fine Arts Building, Nightingale Concert Hall The Disability Awareness Coalition, the City of Reno and the University of Nevada, Reno invite the community to this exciting event featuring author and adventurer Grant Korgan. As the first adaptive athlete to complete the trek to the South Pole, Korgan has quite a story to tell! Call UNR at 775.784.6000 for more information. Free with suggested \$5 donation.

October 20th Disability Resource Fair: Noon – 4 p.m. Evelyn Mount Community Center The Resource Fair is for disability service administrators, agencies, students, parents and community members, who will be able to meet representatives from our region to learn more about services and programs in our area. For more information, call Billie Kale at the Governor's Council on Developmental Disabilities 775.684.8620.

October 20th Vampire Gala: 6 p.m. – Midnight. Reno Ballroom This fabulous fundraiser will be set in a vampire-inspired fantasyland. Guests will revel in an evening of dining, libations, live music, dancing, local artistry and more. Silent and live auctions and an award ceremony for the best-dressed will add to the evening's revelry through the "witching hour" of midnight. The Note-Ables will be performing from 6 – 6:30 p.m. Formal and vampire attire encouraged. Our Hearts, Our Families, Our Community is a registered 501 (c)(3) organization established to provide financial assistance to individuals battling aggressive medical conditions. Proceeds raised by the evening celebration will benefit several local nonprofits in the area including Note-Able Music Therapy Services. For more information please visit: <http://ourheartsreno.com/>.

October 21st 1st Annual Pumpkin Palooza: Noon – 7 p.m. Victorian Ave between Pyramid Way and 10th Street, Sparks Join the fun on Victorian Avenue! This community festival to benefit the Northern Nevada Center for Independent Living will feature a pumpkin derby, carnival games, music, food, costume contests, ghost stories, pie-eating contests and more. Catch The Note-Ables performance starting at 3:30 p.m.

Letter from the Director

Thank you so much to everyone who turned out for our annual Noodles & Notes performance and dinner! It was a fun and inspiring evening with more than 50 NMTS participants ranging in age from 4 to 70 strutting their stuff on stage. We raised more than \$3,000 for our scholarship fund, and as always, the performers were thrilled to have such a big and enthusiastic audience.

The joy of the evening was summed up by what one of the little boys told me as he was leaving. "Everyone clapped the loudest for me tonight, cuz I am the biggest star here!"

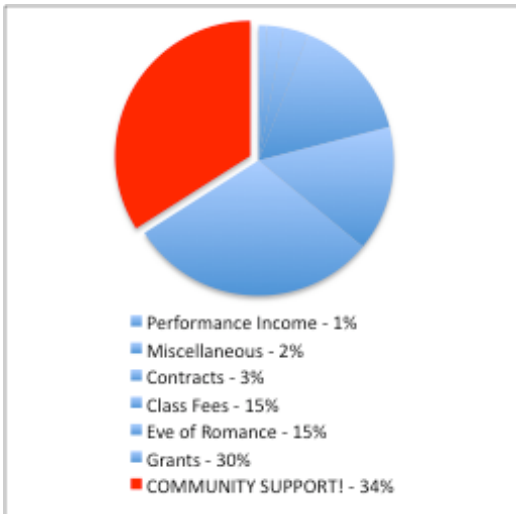
At the event, one of our parents asked me, "Why do you keep raising money all the time? Aren't you all volunteers? Why can't you just get everything donated?"



*Superstar Dance Team getting ready for Thriller.
Photo: Jon Wilson*

I am always happy to talk to people about NMTS, and the conversation reminded me that there are still a lot of misconceptions about how nonprofits operate. The short answers to her questions are that no, we are not volunteers. Our staff is extremely dedicated. They are also extremely qualified and could choose to work in other settings. We all have chosen to work at NMTS because we are passionate about what we do. This is our job. We raise money because about 75% of our participants cannot access our services without financial help. And we get many donations through our wish list and relationships with local businesses.

As you can see from the chart at the left, our funding comes from many sources – but more than anything, it comes from your support. You, like us, believe in the power of music to enrich lives. You, like us, feel strongly that everyone should have the opportunity to realize and express their creativity. You, like us, believe in music's potential to shatter stereotypes about the limitations of people with disabilities. Thank you for believing so strongly in – and continuing to support – what we do. And as you can see, we couldn't do it without you.



Take Note: Holiday Choir

There is a cool nip in the air, the leaves on Mount Rose are changing and there are fewer than 90 days until Christmas. This means only one thing at NMTS: holiday caroling is just around the corner.

This year we will have a seven-week class dedicated solely to caroling. Beginning November 2nd from 3:30 until 4:15 pm every Friday, we invite people of all ages and abilities to sign up for our Holiday Choir Class. This seven-week class is only \$25 and will run until December 14th. Participants will have the opportunity to carol throughout the community during the holidays!

Space is limited, so please call to reserve your space today. We apologize but scholarships are not available for this class. Please call the office to reserve your spot and for more information.

Class Schedule

Performing Group
Mondays
3:30 – 5:00 p.m.
Audition Only

Beginning Keyboard
Mondays
4:15 – 5:00 p.m.
\$25 per Month

Exploring Music I
Tuesdays
4:00 – 5:00 p.m.
\$25 per Month

Dance/Movement
Wednesdays
3:00 – 4:00 p.m.
and
4:15-5:15 p.m.
\$25 per month

Exploring Music II
Thursdays
3:15 – 4:15 p.m.
\$25 per month

Exploring Music Junior
Thursdays
4:30 – 5:15 p.m.
\$25 per month

Individual Music Lessons
Flexible
\$80 per month

Individual Music Therapy
Flexible
Varies

Prospective participants, parents and volunteers are welcome to observe any class at any time. We do ask that you call before stopping by.

**Call for information
775.324.5521**



"Creativity knows no bounds"

For more information about our organization, programs and services, you can reach us:

Phone/Fax
775.324.5521

E-mail
mail@note-ables.org

Location
McKinley Arts & Culture Center
925 Riverside Dr. Suites 6 & 7
Reno, NV 89503

Mailing Address
PO Box 428
Sparks, NV 89432

We're on the Web!

www.note-ables.org

Facebook

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WAYS TO HELP

We welcome volunteers to help in the office, with classes and with special events. Please contact Sheena at 324.5521.

Note-Able Music Therapy Services is funded, in part, by a grant from the Nevada Arts Council, a division of the Department of Cultural Affairs, and the National Endowment for the Arts, a federal agency.



Music Therapy in the News

Children's music therapy more than heals

Most days Laura Cornelius can be found somewhere in the Chris Evert Children's Hospital in Fort Lauderdale playing her guitar or maybe tapping a tambourine, leading children in a sing-along or just performing solo. On a recent morning, she was moving slowly through the hospital's Pediatric Hematology Center, chording her guitar and encouraging the kids to join in a round of "Row, Row, Row Your Boat." Two-year-old Raniya Saint Jun was more interested in plucking the guitar strings herself. Cornelius held the instrument out. "You can help me do it!" she said. Raniya has been coming to the center since she was six months old, her mother Kendra said. Only in the last few months, has there been music. "I like it and the kids do too."

The center is part of the pediatric oncology department at the hospital, which is housed in the Broward General Medical Center on South Andrews Avenue. The therapist with a guitar is the result of research going back at least a decade. There was a lot of information in the [medical] journals stating that music therapy definitely has a positive impact on young cancer patients," Miller said. "Then we were eligible for a grant from ... Hyundai. We knew that some of the top children's hospitals in the country had solid music therapy programs. We saw that none in our area did." "The hospital contacted my music professor at Florida State," said Cornelius, 30. She was hired after she graduated in April with a degree in music therapy. "I'm in the hospital 32 hours a week now. It's my career."

For the rest of the article: http://articles.sun-sentinel.com/2012-09-10/news/fl-esb-therapy-0906-20120910_1_music-therapy-music-professor-guitar

September Thank You

Nanette Muller, Mark Geeson, Jeff DePaoli, Michael Lahnal, Leif Christensen, Michelle Sullivan, Kandace Hunstman and Starbucks Volunteers, Linda Brown, Angelina Speith, Raechel Mullins, Darryl Lee, Samantha Devine, Nate Eng, Nicole Obritsch, Connie Young, John Firestone, Lori Welsh, Scott Harrington, Marcy Swiatek, Taylor Smith, Cindy Oesterle-Prescott, Anna Treacy, NCED, Reno Access Advisory Committee, Cherry Bomb Catering, Michael Prescott, Jeanine & Pauline Mooers, Kate Kirkpatrick, Starbucks, Treslimage, Barb & Rick Anderson, Yogurt Beach, Babe Matteri's, EZ Property Services – Eric Renteria, TheatreWorks of Northern Nevada, Noggin Novelties, Reno Chamber Orchestra, UNR Performing Art Series, Stuart Golder, You MicroSpa, Wild Island, Squeeze In, Connie Young, Whole Foods, the Peppermill, Larry Duffrin

Board of Directors

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Bob Fulkerson	Cindy Oesterle-Prescott
Mary Lee Fulkerson	Toni Taylor
Stuart Golder	Kristie Traver

Wish List 2012

Tickets to community arts events
iPod
iTunes gift cards
High-definition digital camera
SD Cards for camera
Extension cords and surge protectors

Baskets and gift-wrapping material
Plastic display holders
Blank CDs and DVDs
Acoustic guitar strings
Donations for scholarships
Board and Advisory Board members



The Note-Ables

Monthly Giving Form

Name: _____
Billing Address: _____ Apt: _____
City: _____ State: _____ Postal Code: _____
Phone Number: _____ E-mail: _____

I would like to contribute the amount selected below as a **monthly** contribution to The Note-Ables:

- \$5 (annual contribution of \$60)
- \$10 (annual contribution of \$120)
- \$20 (annual contribution of \$240)
- \$25 (annual contribution of \$300)
- \$50 (annual contribution of \$600)
- \$_____ (annual contribution of \$_____)

Payment Method:

I have enclosed post-dated checks.

Please charge my credit card on the **15th** of each month.

Visa

Mastercard

Card number: _____

Expiration date: ___/___

Please begin my monthly contribution on the 15th of (month/year) ___/___
and end on (month/year) ___/___.

I understand that I can cancel my monthly contribution at any time by calling 775.324.5521. By signing I authorize The Note-Ables to charge my card and/or deposit my check for the above designated amount on the **15th** of each month for the time designated above or for the period of **one year**.

Name (printed): _____

Signature: _____ Date: _____

Thank you for your continued support of The Note-Ables!

PO Box 428, Sparks NV 89432

775.324.5521